

NORTHSIDERS IN THE NEWS

Ruth Rohlich receives 2013 SBA Women in Business Champion Award

By Lauri Lee
Northside News

Ruth Rohlich

The U.S. Small Business Administration (SBA) announced the 2013 Wisconsin Business Awards in April. Ruth Rohlich, business development specialist for the City of Madison, was awarded the Women in Business Champion award for her tireless advocacy for small businesses and business owners in Madison. The SBA recognizes the contributions of small businesses to

America's economy by honoring outstanding small business owners and those who champion them. Rohlich was among seven small businesses and eight individuals, firms and organizations that support entrepreneurial success receiving an award. Rohlich has lived on the Northside for eight years.

In Rohlich's former role as South Central Project Director for the Wisconsin Women's Business Initiative Corporation (WWBIC), she worked at developing and expanding partnerships throughout south-central Wisconsin to help business owners start and grow healthy, self-sustaining small businesses, with a strong emphasis on women, lower-wealth and minority populations.

In this role, she worked closely with local business leaders of the Latino Chamber of Commerce, The Madison Black Chamber, Northside Planning Council and the WWBIC lending team to begin providing seed loans in the Madison community. She also created the Rural Advisory Committee to expand WWBIC's microloans to a larger number of rural-based women business owners. Currently, as business development specialist for the City of Madison, Rohlich serves as a liaison between the city and the business community, working with existing entrepreneurs, developers, brokers and other economic development professionals to market city assets, create employment centers, create and re-

tain jobs and increase investment in the city.

Rohlich's commitment to small business and community has been a part of her since childhood. "When young, I recognized the power of small business to help support the emerging neighborhood where I lived in Milwaukee," Rohlich said. "Then as a small retail business owner, I recognized my goals were directly tied to the goals of my business neighbors, so I helped organize a business association that would not only help our businesses, but the neighborhood as well. In my role with the city, I know the strength of the women-owned business community is directly tied to the strength of the city, which benefits the entire community."

Northsider Bea Christensen honored with Phoenix Award

By Jamie Quam
Domestic Abuse Intervention Services

On June 20 Bea Christensen will receive the Phoenix Award from Domestic Abuse Intervention Services (DAIS) at their sixth annual Celebrate Independence luncheon at the Madison Concourse Hotel. Each year this award is given to one individual who has shown immense strength and courage in their ability to rise from the ashes of domestic abuse, contributed to a deeper understanding of violence prevention and shared a personal story and wisdom to help others.

"Bea was the clear choice for the



Phoenix Award this year," stated DAIS Executive Director Shannon Barry. "With grace and courage Bea shares her story with our community and helps show that abuse crosses all boundaries of age, race, gender and economic status."

Christensen, 79, recounts the abuse she endured in a marriage that started when she was a teenager and contin-

ued for 30 years until her husband's death. She wants people to know there is hope for a life without abuse. Courageously and selflessly, she talks about the dark secret, the impact on her children and the role faith played in her survival.

"I'm determined to keep talking about domestic violence to help those who may not be able to speak out," Christensen said. "It can happen to anyone, and everyone deserves to be free from fear."

The abuse started in a small town in Illinois, when Christensen married her high school sweetheart, and continued after they moved to Madison.

Before deciding to share her story, Bea spoke with each of her children to make sure they would approve.

"The abuse in our family affected all of us, so the story belongs to all of us. They agreed that it would be painful but important to share. I am so proud of them."

Christensen tells her story with the full support of her children and her current husband, Lau. Those dark days of fear are long gone, but this Phoenix Award winner is willing to revisit them to help others.

Learn more about the DAIS luncheon and read Bea Christensen's story at www.abuseintervention.org.

DuWayne's
Salon
Hair • Nails • Tanning

TREAT your FEET!
with a
PEDICURE

Check out our
BRAND NEW
Pedicure
Throne!

2114 N Sherman Ave • Madison, WI 53704
608.241.0323 • www.DuwaynesSalon.com

MSCR Summer Programs

A variety of camps for preschoolers to grade 12.

Themes include:
Arts & Enrichment, Science, Nature, Outdoor Adventure, Healthy Living, Fitness, Service Learning, Gardening, Sports, Wrestling and Soccer, Volleyball and more!
Half day and full day options available at several locations.

Check out Kids Kamp at Warner Park Community Recreation Center for children entering grades 1 - 5.
Sessions run June 24 - August 23.
Crafts, sports, games, science, nature, field trips and more!

Affordable recreation activities for all ages!
Arts & Enrichment, T-Ball & Coach Pitch, Soccer, Boating, Canoeing, Adult Sports, Adult Fitness, 50+ Fitness, Swimming and Tennis.

204-3000 or www.msqr.org

MADISON SCHOOL & COMMUNITY RECREATION

Like us on Facebook

COMMUNITY

Photo provided by Brad Weisinger



Northside Community Council donates \$5,000 for Warner pool

At its meeting on April 29, the Warner Park Community Center Circle of Friends received a generous donation in the amount of \$5,000 from the Northside Community Council. The check was for the Warner Pool. Rosemary Bass presented the check to the board. Members present, from left to right, were Terry Smith, Dorothy Borchardt, Rosemary Bass, Joann Walker and Steve Nelson.

Pounding the pavement for the Warner Pool

By Dorothy Borchardt
WPCRC Circle of Friends

Mark your calendar. On Saturday, August 24, join the Circle of Friends (COF) for the ninth annual Pounding the Pavement for the Warner Pool. Walk around the Warner Park lagoon to raise funds and show your support for Madison's second pool.

Make sure your neighborhood, business, organization, family or friends are listed on the 2013 walk t-shirt. All it takes is \$100 or ten walkers at \$10 each to form a team. Teams and individuals must register and pay the \$100 by August 1 in order

to have their names on the shirts. Once your team is registered, you can continue to add to your team right up to the time of the walk, although after August 16 they won't be counted as additional team members to win the traveling trophy.

The COF goal is to have every neighborhood listed on the walk t-shirt. Start now to get your group of ten together. Don't be left out.

If you don't have a team, you can still participate. You can register right up to the time of the walk. If you want to make sure you receive a shirt in your size, however, it is best to register by August 1,

Northside Farmers Market ninth season in full swing

By Fiona Stoner
Northside Farmers Market

The Northside Farmers Market is in full swing now that the warm weather has arrived. We hope you have been able to get out and enjoy our favorite Sunday morning meeting spot to greet neighbors, listen to music and buy locally grown and produced food.

June is packed with fun activities for the whole family. Join us Sunday, June 9, for our spectacular River Food Pantry Summertime Brunch Benefit. Enjoy a delicious breakfast of eggs, pancakes, sausages, juice and coffee for \$8. Please help us raise much needed funds for The River Food Pantry. In the past we have served over 225 breakfasts and raised approximately \$2,000. Let's make this year's event just as successful, if not better, than last year's.

June is dairy month. We think a good way to celebrate is with ice cream at our first Strawberry Festival. Receive our newsletter to get more information on the date and the details as we get closer to the strawberry season. You can sign up for the newsletter at <http://northsidefarmersmarket.org> and click the link to our Facebook page.

On June 16 we will wish a Happy Father's Day to the Northside-Farmers-Market-going dads out there. We have a limited supply of Mallards tickets to give away to dads, so come early.

We will have more family fun activities as the season progresses; be sure to sign up for the newsletter for weekly updates.

The market's magic takes place each week with the help of volunteers. If you are looking for a way to support healthy, sustainable, locally grown food, please consider signing up to help set up the market, answer questions and process Quest purchases at the information booth, or help put it all away for the next week. If you are interested in volunteering or playing acoustic music at the market, please contact us at NFMManager@yahoo.com.

The Northside Farmers Market happens every Sunday morning, 8:30 am-12:30 pm, from May to October at the Northside TownCenter, 2817 N. Sherman Ave., across from Warner Park. Look for us in the parking lot outside Pierce's Northside Market. Our location makes it easy to get to by walking, bus, bicycle or car. Plenty of parking is available.

when we order the shirts.

For more information and registration forms, stop in at the Warner Park Community Recreation Center or visit our webpage at friendsofwarner.com or

email dborchardt1@charter.net.

The COF is also looking for someone to keep our web page up to date. If you have that talent, we would really appreciate your help.

READY, SET... GET WET!



325 W Olin Ave Madison, WI 53715

Opens Saturday, June 8.

June 8 & 9, noon - 7:00p.m.

June 10-13, 4p.m. - 8p.m.

June 14, regular hours

Come enjoy the 1000 person capacity, 2 waterslides, 8 lane 25-meter lap area with diving boards, and shallow water play features. It's a great place to spend your summer!

Recreational Swim Passes and Season Passes are available. For more information on Swim Pass pricing and more, visit us at -

cityofmadison.com/parks/pool



Swim Team Dates

June 13 - August 1

Practices

Monday - Friday, 9a.m. -11:30a.m.

Scholarships

Full/Partial scholarships are available for the Goodman Waves Swim Team

For more information email

bweisinger@cityofmadison.com



COMMUNITY

Brunch fundraiser will benefit The River Food Pantry

By Betsy Ezell
The River Food Pantry

The River Food Pantry will hold its third annual Summertime Benefit Brunch at the Northside Farmers Market Sunday, June 9, from 9 am – 1 pm. Get a classic breakfast of pancakes, eggs, bacon, sausage, juice and coffee for \$8. All proceeds from the fundraiser will go toward providing food for hungry families in Dane County.

Breakfast-goers will enjoy music by local folk legend, Skip Jones, and friends. Take the opportunity to purchase the fresh, locally grown produce, organics, meats and eggs available from the many vendors at the Northside Farmers Market.

With every \$10 the event raises, The River Food Pantry will be able to provide \$100 worth of food to its client families. In 2012 The River gave away 1.5 million pounds of food, directly affecting 81,377

individuals struggling with hunger in Dane County.

The River's food costs have more than doubled since 2011. Funds raised by the Summertime Benefit Brunch will help The River with its greatest challenge—getting enough food to distribute to the growing number of people seeking food assistance. The increasing cost of food, the scarcity of low-cost and free food from partner food banks and increased

demand have made our assistance more costly to provide. The River has met this challenge by buying food wholesale.

The Northside Farmers Market is located at the Northside TownCenter (on the corner of Northport Drive and North Sherman Avenue). In case of bad weather, the brunch will be held at The River Food Pantry at 2201 Darwin Rd. If you have questions, please contact Betsy at betsyezell@riverfoodpantry.org.

Fireworks from page 1

The local environmental group, Wild Warner, has expressed concern about the environmental impact of Rhythm & Booms. Madison Festivals is paying attention to those concerns, and a smaller event should mean less damage to the land.

"I'm still concerned about it," said Tim Nelson of Wild Warner. "They're shooting off shells that fall down into the lagoon, into the water. So you think you're cleaning it up, but you're really not."

Nelson feels that having a 20 percent reduction in the fireworks is a step in the right direction, although he would prefer a different location. He still goes to see the fireworks every year.

"We want to do everything possible to minimize the impact," said Keith Peterson, event director for Madison Festivals. "I don't think it will be any less intense, but I think that it will be a smaller show. There won't be as many shells."

Peterson talked about how the group always strives to leave the grounds for their events in a condition where no one

would know something had gone on there the day before. They bring the same philosophy to this year's Rhythm & Booms and hope that, by the afternoon of July 4, the park will look as good as ever.

Another major change that visitors need to be aware of is that this is now an alcohol-free event. There will be no beer gardens, and visitors will not be allowed to bring their own alcoholic beverages into the park. While these changes will take some getting used to, Madison Festivals thinks it will be better in the long run and will help keep this event alive.

"We realize it's a very different schedule. It's very different from what has been done in the past," Peterson said. "We want to get this one under our belts and in the future we want to continue Rhythm & Booms. We are looking at various options. We want to take the concerns of Wild Warner, the neighborhood associations and the residents in general, and see what the impact is on them. Let's work with everybody and continue this great event

and address the concerns that have been raised."

Madison Festivals in a non-profit group dedicated to enhancing quality of life, showcasing the Madison area to visitors and providing assistance to local charities. They use volunteer workers at their events, and the pay those workers would normally receive goes to a charity of the workers' choice.

"We are moving the event to that model. It's sort of a transition year where we

will be using charity groups to fill volunteer spots and will be paying those charities in very much the same way. If there is money remaining after the event, then donations are scheduled to be made to local charities with an emphasis on children," Peterson said.

Madison Festivals hopes to have more finalized information out by mid-June. Information about Madison Festivals and Rhythm & Booms can be found on their website at madisonfestivals.com.

Community Support Network hosting open house

July 15 • 5 – 7 pm

Community Support Network, Inc., (CSN) is a nonprofit organization working with adults with developmental delays. They help clients participate in and connect with the community, which includes facilitating both employment opportunities and a variety of skill building activities. CSN is located at 1137 N. Sherman Ave. (in the NorthGate Shopping Center, next to Boomerangs Resale Store).

responsibleenergy



savings are in the air

There are simple ways we can all save energy this summer. Hanging your laundry outside to dry is one way. It saves up to 11 cents per gas dryer load and 32 cents per electric dryer load. If you use your dryer, run it during the cooler parts of the day. For more warm weather energy and cost saving tips, hang out online at mge.com/summer.

mge
your community energy company

NORTHGATE

Your Northside Neighborhood Shopping Center
North Sherman Avenue & Aberg Avenue

QQ
ASIAN BUFFET

CHINESE, JAPANESE
& AMERICAN CUISINE

ALL YOU CAN EAT

EAT IN OR TAKE OUT

608-819-8448
1291 N. SHERMAN AVE



Vnails

Manicures/Pedicures

Acrylic/UV Gel

Pink & White Nails

Hand Designs

Airbrush Designs



HOURS

Mon-Fri 9:30 am-8 pm

Sat 9:30 am-6 pm

Sun 11:00 am-4 pm

1171 N. Sherman Ave.

WEAVER
Auto Parts

Complete Machine
Shop Service

Import
Domestic
Truck
Tractor



Open Daily
241-4006

Glidden
PAINT SALE

BUY ONE GET ONE
FREE
UP TO 5 GALLONS

True Value

START RIGHT. START HERE.®

244-5403

Northgate Shopping Center

NEIGHBORHOODS



From the Hill

By Lorie Walker

Lake View Hill Neighborhood Association

By the time you read this, the Lake View Hill Neighborhood Association (LVHNA) could have a branch of the UW Credit Union open in our own neighborhood. The credit union is located on the old Brennan's site on Northport Drive and Troy Drive. Stop in and welcome our newest business neighbor and its manager, Matt Deadman, and his staff.

Other upcoming neighborhood happenings and events include another community dinner, co-hosted by LVHNA and other Northside organizations, Sunday, June 30, 5-7 pm.

The Madison School & Community Recreation (MSCR) Art Cart, a free traveling art program, will be visiting various Northside parks again this summer, including Windom, Eken, Warner and Warner Beach. Contact MSCR at 204-3021 for dates and times.

In late October, we will have our annual and very popular Fall Festival event. Look for more information in the next issue of Northside News.

We hope you will join us this year by participating in one of the many opportunities to meet your neighbors and keep LVHNA the best neighborhood in the city.

Spring burn and more at Lake View Hill Park

By Sue Gleason

Friends of Lake View Hill Park, Inc.

Volunteers assisted with a spring burn at the Lake View Hill County Park April 20 after postponing several times due to rain or wind. The conditions have to be just right for burning, one of the more useful ways to promote ecological restoration, which is a long term goal for the park. Thanks to volunteers Dan Minard, Priscilla Herman, Devin Sargent, Bailey Sargent, Bill Bauer, Sue Gleason, Wayne Pauly and Nelson Eisman.

This spring burn of the slope just above the Dane County Department of Human Services parking lot will help spring flowers emerge and prepare for installation of a prairie grass sod test plot. Fire has always been one of the oldest ways to sustain an ecosystem. Burning removes old growth, controls the establishment and spread of invasive and woody plant species, puts nutrients back into the soil and promotes the growth and abundance of native grasses and forbs. In turn, wildlife habitat is improved and native plant communities are enhanced.

In late April, two other long-term park volunteer groups were welcomed back. Blackhawk Church's Love Madison crew helped clear downed wood from the park. Stacked, free firewood was available for the taking, thanks to this energetic group. Shabazz High School also helped plant shrubs.

For more information or to volunteer, email friends@lakeviewhill.org or visit www.lakeviewhill.org.

Brentwood youth from page 1

living in the northeast part of Brentwood. The need for meaningful, organized programming has grown beyond the reach of well-meaning volunteers and activists.

Long-time Brentwood resident David Meyer said, "While I am very proud of some great things we have accomplished and organized over the last few years, it's very obvious we need some professional assistance. We need help to uncover untapped skills and energy within our residents, organize our families to create a stronger voice to advocate for our kids, and set up some sustainable programs to benefit everyone."

To that end, the group has begun to enlist help from the City of Madison Office of Community Services, Public Health of Madison and Dane County, the UW and County Extensions, Youth Services of Southern Wisconsin as well as individuals, such as Felicia Anderson, a Chicago native who wishes to establish some programs in Brentwood.

Jeffrey Lewis and Jeremiah Jackson, outreach specialists from the UW Extension, are now involved in the neighborhood. Lewis is taking on an organizing and planning role, while Jackson makes weekly visits to Sherman School to get to know some of the students and families, primarily from Brentwood.

Samuel Pratsch, also from the UW Extension, is working in Brentwood with Youth Services on a project called Gardening for Empowerment or G4E. The program involves establishing a gardening space that is maintained by adults and teenagers in the neighborhood.

The effort is now focused on getting the word out to connect children and families with opportunities. Communication has long been an obstacle in Brentwood.

"We don't have a neighborhood center or any kind of natural information hub," said Meyer. "We have over 50 apartment buildings that are owned by about 30 different individuals. This makes spreading the word about events and programs very difficult."

To try to overcome this communication issue, the City of Madison has hired a skilled organizer, Jennifer Lord, who started work in early May to set up a sustainable structure to connect children and families with summer activities.

There is also some talk of organizing a block party or two over the summer. This is the kind of connection many Brentwood parents are looking for. As one noted, "It will give neighborhood parents a chance to have some time together and communicate about what's happening in the neighborhood and maybe talk about solving problems together."

One Brentwood mom stated, "We have laid a good foundation. My children are seeing what a sense of community can be. They'll learn from these experiences and be able to help form a better neighborhood as time goes on."

Established neighborhood centers on the Northside, such as Vera Court and Kennedy Heights, have offered to include some children from Brentwood in their summer programs, when possible. MSCR and Goodman Pool have also stepped up, offering some program scholarships and pool passes to the neighborhood.

WISCONSIN WOMEN ENTREPRENEURS
SOUTHCENTRAL, INC.

Cairasu Care
We deliver optimal care and peace of mind

**Personal Care & Companionship
Activities of Daily Living
Errands and Home Help
Benefit & Family Counseling**

Fatou Ceesay, Director
608-298-3641
fatou@cairasucare.com
www.cairasucare.com

**Medicaid and Medicare
Education & Assistance
And Much More.**

Madison green box

Moving?
Need Boxes?

Convenient • Affordable • Green

Phone: 608-209-0174
www.madisongreenbox.com

PERSONAL MONEY MANAGEMENT, LLC

Peace of mind for your money matters

HELPING YOU MANAGE YOUR DAY-TO-DAY FINANCES

JUDY FOWLER
608-520-0602
JUDY@PERSONALMONEY.CO
HTTP://PERSONALMONEY.VPWEB.COM

Member of **AADM**

Earn FREE+ Mary Kay® products!

Why cut skin care or makeup from your budget or sacrifice quality when you can earn FREE products throwing a Mary Kay party? Since I come to you, there's no hassling with store crowds or parking or trying to find a salesperson. I can offer free samples and recommend the products tailored to your and each of your friends' skin, styles and wallets! Contact me to set up your party today. That's Beauty on a Budget!

June Streveler
Independent Beauty Consultant
JuneStreveler@MaryKay.com
608-347-2866
† with \$200 in total sales and one booking

Herb n Gardener
Lauri Lee
(608) 334-4969

HerbNGardenerPro@Gmail.com

Herb Garden Consultations and Classes

From the Garden to the Dinner Plate

Ready to start or expand your herb garden? Focusing on the top 25 culinary herbs, this class will take you from the garden to the dinner plate and cover growing, harvesting and cooking with herbs. Discover which herbs blend well together and what type of foods are complemented by their flavor. Taught in an herb garden setting to provide a full sensory tour of your favorite herbs.
Fee: \$20; June 8 - 1:30-4 p.m.

Herb Garden Design

Schedule an onsite consultation with the Herb 'n Gardener and Bur Oak Landscapes team to incorporate an herb garden into your new or existing landscape. You'll receive plant selection recommendations based on your culinary preferences, growing and maintenance guidance and a customized calendar of what to do and when to help you throughout the growing season.
Fee: \$200; By appointment

From the Garden to the Teacup

If growing herbs for your own customized tisane is your cup of tea, then steep yourself in how to grow your own tea herbs in a tea herb garden setting. From the garden to the teacup, learn how to grow, harvest and preserve your favorite tea herbs. Discover which herbs blend well together and how to make simple and complex herbal tea blends to enjoy throughout the year.
Fee: \$20; June 9 - 1:30-4 p.m.

ENVIRONMENT

Cherokee Marsh Conservation Fund established

By Jan Axelson
Friends of Cherokee Marsh

Northsiders have many reasons to treasure Cherokee Marsh, the magnificent natural area on our doorstep. The trails in Cherokee Marsh Conservation Park offer quick escapes from city life to the wetlands, woods and prairies that were once common across southern Wisconsin. The upper Yahara River, which runs through the marsh, is a popular destination for fishing and exploring. Just as important, Cherokee Marsh is a refuge for frogs, birds, butterflies and other creatures.

To help ensure that the marsh we love remains healthy and beautiful, the Friends of Cherokee Marsh are proud to announce the establishment of the Cherokee Marsh Conservation Fund. The fund will support the management, protection, conservation, restoration and appreciation of Cherokee Marsh and its watershed. To manage the fund, the Friends have chosen the

Natural Resources Foundation of Wisconsin, a nonprofit organization that manages many similar funds throughout the state.

The Wisconsin Wetlands Association has declared Cherokee Marsh a "Wetland Gem" because of the marsh's high quality wetlands and wildlife, the opportunities for recreation and education, and the marsh's importance to water quality and flood control downstream. With generous public support for the Cherokee Marsh Conservation Fund, the marsh will remain the sparkling gem that it is.

Anyone can contribute to the fund. To contribute by mail, send a check to: Cherokee Marsh Conservation Fund, Friends of Cherokee Marsh, PO Box 3390, Madison WI 53704. To contribute online or to find out more, including how to include the fund in a will or bequest, visit the Friends' website at www.CherokeeMarsh.org. Contributions to the fund are tax deductible.

Watts in our waistlines?

By Dan Tortorice
Northside News

When we buy or use electric appliances, we often see terms such as watts, amps and voltage. Most of us aren't sure of their exact meanings. One good way to learn these terms is to compare electricity to the plumbing in our homes.

Voltage is a measurement of electrical pressure similar to the water pressure in a pipe. Amps measure the current, which would be similar to the volume of water moving through that same pipe. Watts are a measure of electric power, either as it's being consumed (as by an appliance) or produced (by a power plant or some other source). The formula to figure wattage is to multiply amps by volts.

Electric power is created when some form of energy is put into an electric generator. This energy can come from sources such as burning fossil fuels, nuclear fission, wind, the sun, moving water and heat stored within the earth. On a much smaller scale, we can even use the energy stored in our bodies to power an electric generator.

Students of all ages, including those at UW-Madison, have learned about electricity by using Pedal Power, a human-powered demonstration generator provided without charge by MG&E. Pedal Power creates direct current that powers 12-volt appliances. Students can power an array of light bulbs,

including LED, CFL and incandescent. They can also run a blender, cup heater and radio. This provides a valuable perspective on the vast amounts of energy that need to be produced to provide electricity to a city the size of Madison.

The energy challenges we face now and in the future have a lot to do with supply versus consumption. We tend to use too much fossil fuel, which is nonrenewable and adds to the problems of pollution and climate change. There is also a large over-supply of energy stored in our bodies in the form of fat, which adversely affects health. It's interesting to note that all of this energy came from the sun, got stored in plant life and ended up in both fossil fuels and the human waistline. We can make progress in both of these areas by doing things like walking or biking to work, taking the stairs instead of the elevator, and just putting more thought into all of our energy decisions.

As usual, we Northsiders have a resource that is nearby and low-cost. The Warner Park Community Recreation Center (WPCRC) has an exercise room and offers classes by Madison School & Community Recreation. There is a small fee to join WPCRC and to use the exercise equipment. The exercise equipment is first-rate and includes a new exercycle that measures your workout in electric watts. It's a good way to get healthier and burn a few watts off the waistline.



Photo by Janet Battista

Adults and teens planting wetland plant tubers at the work site, the new detention basins along Wheeler Road.

Getting down and dirty

By Alex Singer

On April 27 young and old got down on their knees to plant over 4,000 shallow water plants along the 6,000-plus feet of waterline on two storm water retention ponds in Cherokee Marsh Park along Wheeler Road. The seven species of plants will help stabilize the now-empty shoreline and provide wildlife habitat for birds, fish, insects and amphibians.

The newly installed ponds trap sediment before it enters the Yahara River and Cherokee Marsh, ultimately improving the water quality of Lake Mendota. Plans are underway to bring restored prairie up to the shores, add oak trees and shrubs and install water plants. In addition to a contingent from The Management Group, the 60 participants included Friends of Cherokee Marsh, Boy and Girl Scouts and concerned citizens.

Northport Alcoholics Anonymous
Is drinking causing a problem?
Free help is available.
Call MAICO A.A. at 222-8989

Sage Painting & Finishing LLC
Chad Ellinger, Owner & Northside Resident
13 years experience, specializing in:
Interior • Exterior • Staining • Power Washing
(608) 577-8655 sagepaintingmadison.com *Insured*

NORTHSIDE PLUMBING LLC
What's your plumbing project?
New Construction Remodel Repairs Leaks Gas Piping

Scott Chapman
Owner & Northside Resident
608-513-9241
Various payment options available MP# 668208

*Come home to
Legacy Gardens -
Where our family
is committed to yours!*

EMERITUS
at Legacy Gardens
1601 WHEELER ROAD
MADISON, WI 53704
608.249.5558
*Stop in anytime
to tour!*

Call ahead for orders to go
244-9627

Lunch Specials

Monday
Pulled pork sandwich with fries \$6.50

Tuesday
Gyro with fries \$7.00

Wednesday
Nueske's bacon cheeseburger with fries \$7.50
Gyro burger with fries \$7.50

Thursday
Cuban pulled pork sandwich with fries \$6.50

Friday
2 piece Fish Fry \$7.50 (served until 2 pm)
We also serve perch, walleye and shrimp
(Ask server for price)

**Lunch specials are served
11 am-2 pm daily**

Chico's Villa Tap • 2302 Packers Ave. • Madison, WI • 244-9627

COMMUNITY GROUNDWORKS

New season brings staffing changes at CGW

By Marge Pitts
Community GroundWorks

Community GroundWorks (CGW) has been blessed over its 11-year history with a long line of incredibly talented leaders, staff and volunteers. The regret of losing those who move on is always mitigated by the exciting potential of gifted new personnel bringing their energy and know-how to the organization.

Claire Strader, former Troy Community Farm Director, left CGW this spring. Almost single-handedly, Claire built Troy Farm from an idea to a successful community supported agriculture (CSA) business. Along with being an excellent farmer, she is a great teacher. Many interns and staff have benefited from her expertise. We recognize her talent, determination and hard work. In gratitude, we wish Claire continued success as her career moves forward.

Fortunately, Troy Farm will continue to operate smoothly. Jake Hoeksema, former Troy Farm Manager, has become the Acting Farm Director. Julie Engel, former Farm Crew Leader, is now the Acting Farm Manager. Shares of the Troy CSA have sold out, as they have for the past several years. The farm also sells to the public every Thursday from 4–6 pm at the Farm Stand at Troy Gardens. Now all we need is good weather.

We're very happy to welcome Kelly Humphry, our new Madison FarmWorks



Photo by Ginny Hughes

NAME shows kids from Vera Ct. Neighborhood Center how to plant a straight-ish row of evenly spaced peas.

manager. She'll be designing, installing and consulting edible gardens for residential and commercial clients. Since 2007 Kelly has worked in the green building industry. With undergraduate and graduate degrees and a current fellowship in Edgewood College's Graduate Sustainability Leadership Program, Kelly brings an enormous toolkit of study and practical experience with her.

Beth Hanna is the Training and Outreach Specialist for the Wisconsin School Garden Initiative, a statewide

youth gardening network of state agencies and nonprofit agencies, including CGW, UW-Extension, State Master Gardener Association and University of Wisconsin-Madison faculty.

Jennica Skoug will be managing the Goodman Youth Grow Local Farm, our partnership with Madison Metropolitan School District and Goodman Community Center. On the half-acre youth farm, located next to Kennedy Elementary School, elementary, middle and high school students are actively involved in running a small-scale organic urban farm — from raising seedlings in the East High School greenhouse to growing and harvesting the produce and packing it for delivery to the Goodman Community Center's Fritz Food Pantry. Creal Zearing, a former Troy Kids' Garden intern, is Assistant Manager of the youth farm.

We're thankful for Jeff Sledge's service as interim executive director for the past several months. Jeff came to CGW on hiatus from his work at UW-Madison in environmental health research. Prior to his work at the UW, Jeff had a career in business and engineering. Jeff will continue as consulting manager for the time being.

Now the search for a permanent executive director for CGW starts in earnest. For more information, go to www.communitygroundworks.org/jobs. In this season of planting, we sow gratitude for what good people have done so far, and we reap the energy of what good people will do next.

Meet us at the blue bottle tree

Gardening for Good begins its second season in the front-row plot under the blue bottle tree at Troy Community Gardens. Our motto: Everyone Belongs, Everyone Contributes. Gardening for Good offers opportunities to Northside adults with and without developmental disabilities to garden with friends and neighbors, enjoy a variety of mini-workshops and share fellowship and yummy snacks. We become part of the community at Troy Gardens and, most importantly, we have fun.

You can still join Gardening for Good, which meets Thursdays from 6 pm–7:30 pm May 30 — Aug. 15. People with disabilities should contact their support broker for assistance in signing up. Gardeners and others who would like to participate in Gardening for Good may contact Rebecca at wearegardeningforgood@yahoo.com. For ideas of ways you can volunteer, check our blog at www.gardeningforgoodmadison.com.

Growing Minds class at Troy Gardens, July 22-26

Nathan Larson, education director at Community GroundWorks (CGW), is again offering a five-day, 20-hour summer course designed for K-12 teachers and community educators who want to build skills in youth garden education, development and management. This course will emphasize an inquiry-based, hands-on approach to garden-based learning. Course topics will include youth garden design and construction, funding and resources, recommended tools and equipment, organic gardening methods, cooking in an outdoor garden kitchen, garden-based nutrition, nature study and games, earth art, chickens in the garden, program evaluation and the role of youth gardening in the sustainable agriculture movement. Course instruction will take place outdoors in the award-winning Kids' Garden at Troy Gardens. Enrollment is limited to 20 educators. The cost is \$140. One or two semester units of graduate credit are available at an additional cost of \$60 per credit.

CGW provides workshops on a variety of garden-based education topics for schools upon request. Contact Nathan Larson for more information on Growing Minds and other workshops at 240-0409, email education@troygardens.org, or visit <http://communitygroundworks.org>.



Come meet our new produce manager Jorge Espinosa.

Jorge is very outgoing and friendly and comes to us with many years of produce experience. Stop in and try his chocolate covered strawberries.

June/July Special

During the months of June and July we will be offering Nehi/RC 2liter soda for .59 cents. Don't forget to pick up all your party needs for Rhythm & Booms July 3.



Win a Weber Grill!

Visit Pierce's Northside Market before June 14 and enter to win a Weber grill for Father's day.



No need to look any further. From home and personal loans, to investment choices for any level of investor, AnchorBank offers everything you need in one place.

Stop by your neighborhood branch at **2929 N. Sherman Ave.**, call **246-3505** or visit us online at anchorbank.com.

Remember when...
you could get full service.



© 2012 AnchorBank, fsb. 



CLARK + KENSINGTON
PAINT + PRIMER IN ONE

RANKED #1

BY A LEADING CONSUMER MAGAZINE.



Exclusively available at your neighborhood 



Everything for your Paint Project & More

On the Eastside since 1923

1398 Williamson St. 257-1630 acewilly@tds.net

M-F 7:30-5:30, Sa 8-5, Su 10-4

MANDRAKE ROAD
CHURCH OF CHRIST

new testament christianity

ALL ARE WELCOME

THE LIGHT
THE WORD
THE WAY

Worship Sunday 10:30am

Bible Study Sun 9:30am Wed 7:00pm

Roy Ratcliff, Minister

4301 Mandrake Road

Madison, WI 53704

(608) 249-8049

"Come to me, all you who are weary and burdened, and I will give you rest." Matthew 11:28



CHURCH

Why not in Minot? Volunteers make fourth trip to help flood victims

Lake View Lutheran Church

In June 2011 the Souris River (or Mouse River in English) flooded 25 percent of the city of Minot, North Dakota. The flood damaged over 4,000 structures, including homes and businesses. Many people in the community continue to live in FEMA trailers as they work to rebuild their homes.

On April 19, a team of 11 adults from Lakeview Lutheran Church returned from a fourth flood recovery trip to Minot. Members of this volunteer work team included Garry Puzach, Tracy Stamm, Kelly Olson, Elizabeth Kirst, Cassandra Olson, Darlene Younger, Allan Wessel, Nelson Walstead, Dale Matthews and

Dean Kirst, the pastor at Lakeview Lutheran Church.

The volunteers from Lakeview have stayed at Hope Village, an ecumenical volunteer work camp established in Minot to house those who come

to volunteer. The Lakeview teams have done work arranged by Lutheran Disaster Relief. During the recent trip, work included interior framing, hanging drywall, mudding, taping, sanding and painting. The work is hard,

especially if you are used to sitting in an office all day during your regular work-week. The work is also rewarding, particularly when you work alongside the homeowner and know how much your help is appreciated. Many volunteers from Lakeview take vacation from their jobs to participate in these work trips.

Members of Lakeview who are not able to travel on the work trips help fund the trips by making financial contributions toward the expenses of the trips. Others bake cookies and make sandwiches for workers to take along and keep the travelers in their prayers. Many stay tuned to the Lakeview Facebook page throughout the week to keep posted about what the volunteers are doing.



Lakeview Lutheran work team gathered at the church and hard at work in a North Dakota home.



Photos provided by Pastor Dean Kirst



For more information and online copies of Northside News, visit:

NorthsideMadison.org

"I am very fortunate to serve a congregation that understands discipleship and takes it so seriously," said Pastor Kirst. "This is a congregation that likes to get its hands dirty, and face it, that's what Christ was all about."

In recent years, over 70 members of Lakeview and additional guests have traveled on numerous trips to do disaster recovery in Biloxi, MS; St. Bernard Parish, La.; and Minot, N.D. Thirty-six members of the

Lakeview congregation have been trained for a local disaster response team called Lutherans United Assisting After Disaster.

Lakeview Lutheran Church is part of the Evangelical Lutheran Church in America, which is the largest body of Lutherans in this nation. We are an open and inclusive congregation where all are welcome. For more info, visit www.lakeviewlutheranchurch.org.

17th Annual Million Dollar Shootout
CHARITY GOLF OUTING
Proceeds benefit the Alzheimer's & Dementia Alliance of Wisconsin
Call 608.232.3400 to reserve your spot!

5.3 million
Americans are living with Alzheimer's today.

\$60 billion
The yearly cost to US businesses due to lost productivity and absenteeism by primary

MONDAY, AUGUST 5, 2013

Maple Bluff Country Club
500 Kensington Drive, Madison, WI 53704

10:30AM Registration
11:30AM Shot gun start, scramble format

NOBODY DOES IT BETTER

{ IT }

5NINES

technology solutions for business

ENJOY5NINES.COM

GROWING IN OUR FAITH
MADISON COMMUNITY
SEVENTH-DAY ADVENTIST CHURCH

Celebrity Chef Mark Anthony's

FREE Dinner & A Message

Live Vegetarian Performing Arts Cooking Show

FREE EVENT
Bring A Friend

Cooking at its Funnest!!
Plant Based Health Nutrition

Plus These Great Topics
Weight Loss
Lower Cholesterol
Increase Energy

One Night Only - Don't Miss This Exciting Event!

Chef Mark Anthony has done these events in every single state in the country. For FREE!! He has been on ABC, NBC, ESPN and appears regularly on 3ABN Worldwide television.

Madison Community SDA Church
1926 Elka Ln.
Madison, WI

Appearing One Night Only
Tuesday, July 9th – 6:00pm

Limited seating. For more info Contact: The Madison Community SDA Church
Donations are greatly appreciated for food, printing and traveling expenses
Visit: www.ChefMarkAnthony.com
And Visit His Facebook & Youtube at: [VeganChefMarkAnthony](#)

WWW.MADISONCOMMUNITYSDA.ORG - 249-2080