

Celebrating **10** years **NORTHSIDE NEWS**

Vol. 11, No. 4, Issue #64

February / March 2006

Cherokee Park to develop 215 acres

Plans call for 500 mixed housing units, park, bike paths and retail center over 30 years

By Jim Powell
The Northside News

A major Northside development was proposed for the Cherokee Park area at a December 14 public meeting at Warner Park Center.

Addressing the seventy people in attendance, consultant Tim Anderson of Schreiber Anderson Associates described the overall plan and stated that the goal of the development was to ensure the success of the Cherokee Country Club, which has been struggling financially recently.

The Country Club was built first, the

neighborhood development followed, and now more development is needed to ensure the Club's viability, he said.

Anderson described the project as a "recreationally-minded" neighborhood of moderate to high end housing, with environmentally friendly design, bike paths, and storm water management designed to protect the integrity of marsh.

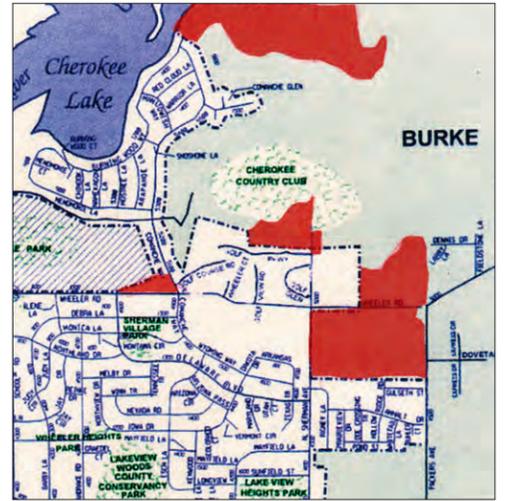
Cherokee Park, Inc. developer Dennis Tiziani and partners are working to create a master plan that would be developed in several phases over about thirty years, and would annex the property into the City of Madison

from the Town of Burke.

Currently the Cherokee Park neighborhood has 275 single-family homes; there are 607 Cherokee town homes; and 168 units at the Cherokee Garden condominiums and town homes, covering a total of about 200 acres.

Project manager Bill White added that the project will help the economic health of the Northside and will meet all inclusionary zoning requirements.

Residents had many questions. Asked about traffic problems at intersection of Wheeler Road and North



Cherokee Park proposed development (shown in red).

Sherman Avenue, White said that the infrastructure of moving Wheeler Road, possibly creating a roundabout,

See Cherokee Park, page 7

Food pantry starts off big



Lexi Preciado's hands-on technique as she helps paint the new River Food Pantry.

By Andy & Jenny Czerkas
The River Food Pantry

We would like to take this opportunity to introduce you to the River Food Pantry, a non-profit, volunteer driven, faith-based project that provides food and clothing to those in need.

City officials and Madison food pantry experts such as Second Harvest and Community Action Coalition have all indicated the need for additional food pantry space on the Northside of Madison.

This pantry is designed to serve all of the low-income neighborhoods concentrated along Northport Drive and the north-east side of Madison. We have leased an 8,000 square foot warehouse at the end of Northport Drive, at 2201 Darwin Road, which is currently being remodeled.

Please consider this article an invitation for you to partner with us to make a vital community service a reality.

We are a non-sectarian, ecumeni-

See Food pantry, page 11

NEW MARKET JUST AROUND THE CORNER

By Terrie Anderson
The Northside News

The Northside is about to see the realization of a dream that became a collective vision, pooling the energy, creativity, and strength of our residents in a win-win situation. Pierce's Northside Market is slated to open its doors at the end of March, bringing us fresh, affordable food in a central location.

Pierce's Supermarkets, a 4th generation family-owned business, has made their mark in small-to mid Wisconsin, with stores in Baraboo and Muscoda. Is it a change in policy to break into the big city market of Madison? Jeffrey Maurer, General Manager of Pierce's Supermarkets doesn't think so. He came to scope out the area when the company first contemplated expanding into this market and was struck by how much the Northside felt like a small town. "Pierce's commitment to the customer will be our keystone for success here."

The store manager for Pierce's Northside Market, Ron James, is no stranger to our neighborhood and has some interesting tales to tell. In the early 1970's while a student at MATC, he was a grocery stocker in the Kroger's market that occupied the exact space that will house his new store soon. He recalls a time that the Kroger's on University Avenue was firebombed by students protesting the Vietnam War. He spent long nights guarding the store in Sherman Plaza, ready to report any suspicious activity. Working in the grocery field since that time, Ron developed a personal philosophy of customer service that Pierce's was looking for in a manager for its newest store.

Ron James is delighted to be our neighborhood grocer. "Freshness, quality, fair prices, friendly employees, it's all about what the customer wants," he says. Toward that end,

Pierce's held two focus groups late last year to query their future customers about the products and services they want in a local grocery store. Did you miss those groups but still want to have a say in what ends up on the shelves at Pierce's? Ron encourages you to contact him to talk about what you want the store to carry. Call him at 249-9744 or email him at rjames@piercesmarkets.com.

What's going on with all the construction we've seen spilling over into the parking lot? Pierce's will occupy the space that was Discount Books and Curves. In addition, 5000 square feet have been added at the rear, making a 24,000 square foot store. Northside TownCenter (formerly Sherman Plaza) engaged ABC Construction, owned by Northside resident Chuck Duncan, to do extensive remodeling work to accommodate the grocery. Pierce's is putting an equal expenditure into outfitting the space. In addition to produce, bakery, deli, meat, dairy, grocery, frozen foods, beer and wine, and a large natural foods section, there will be a café area with seating, coffee, Wi-Fi stations, a fireplace and plasma TV.

Construction has had its ups and downs. When federally sponsored new market tax credit monies were eclipsed by other projects, new financial backing was needed. Working with fellow Northsider Bob Schlicht, retiring president of M&I, the Bruns family hammered out a funding arrangement that, once again, evidenced the willingness of Northsiders to make the dream of a local grocery a reality. One plus was

See Northside Market, page 11

IT'S ELECTION TIME!

SCHOOL & COUNTY BOARD CANDIDATES AND FORUMS
CITY REFERENDUM
POLLING LOCATIONS

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Photo by Andy and Jenny Czerkas

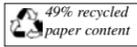
NORTHSIDE NEWS

www.northsidenews.org

Published bimonthly and copyright by the Madison Northside Planning Council, Inc.

Circulation: 13,000

2702 International Lane, Suite 203, Madison, WI, 53704
608.661.0060 • 608.660.0064 fax • Editor@NorthsideNews.org



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Mailing Services by Wells Print & Digital, Madison

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The mission of the Northside Planning Council is to improve the quality of life for all residents of the Northside community, by

** increasing citizen participation and voice in issues and decisions affecting the community through neighborhood organizing and advocacy; and*

** building community by linking community organizations & residents.*

Chairpersons

Lisa Wiese, Northside Community Co-op

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Bob Paolino, Mendota Hills (Alt.)

Marge Pitts, Friends of Troy Gardens

DeAnna Sebranek, Whitetail Ridge (Alt.)

Michael Shinnars, Brentwood Village

Karen Thompson, Northside Business Assn.

Laura Vogel, Maple Bluff

John Walrath, North Lake Mendota

Neighborhoods in need of a NPC representative:

Berkley Oaks, East Bluff, Kennedy Heights, Lake View Hill, Lerdahl Park, Lindbergh, Nobel Park, Northport Apts, Northridge Apts, Packer Townhouses, Sherman Village, Vera Court, Woodland Park Apts, Woodlands Apts.

Call 661.0060 to inquire about revitalizing your own neighborhood association, or getting involved with NPC.

The views expressed in the *Northside News* do not necessarily reflect those of its staff, contributors, the Northside Planning Council or its funders.



From THE EDITOR

JIM POWELL

Like most nonprofit organizations, the Northside Planning Council, publisher of this newspaper, creates an annual report this time of year. The report lets the community funders, elected officials and others know that their support helps achieve great results.

Our report is unique because our organization is unique. The NPC highlights of the year are closely allied with the Northside's overall achievements because our members are so involved in the community. And this past year is no exception. Here are some highlights:

Grocery store

Pierce's Northside Market will have a grand opening in April, three years after Kohl's closed. NPC explored every opportunity with the Sherman Plaza owners, city officials, neighborhood leaders, Northside Community Co-op, lenders and grocers to create the conditions for bringing in a new store. Well, we all succeeded, and I hope everyone gives Pierce's a chance and starts shopping there right when it opens.

Timebank

The Northside Neighbor-to-Neighbor Timebank has been wildly successful in its first three months, with over 125 members and hundreds of hours of exchanges. (Our goal was 100 members by this summer!) Through our Northside Community Vision, the community identified a need for a "volunteer matching service"—and now we have it!

Schools

There has long been a perceived disparity in the quality of education between westside and eastside schools—ask any realtor.

The East Attendance Area PTO Coalition, which NPC started back in 2002, has grown and created a public focus on making sure that north (and east) side schools succeed. Our Coalition has been instrumental in

focusing attention on east attendance area school boundaries, and the upcoming task force on equity (that is, ensuring that every child gets the resources needed to succeed in school).

Public forums

In 2005, NPC continued to bring residents together to discuss important issues. We organized alder, school board and referenda forums. We guided the city's attention to the need for a Northside bike path at a well-attended public meeting in September. And we invited Police Chief Noble Wray and Northside District Capt. Richard Bach to meetings to discuss safety and community policing issues. We also sponsored a Town Hall meeting where participants engaged in a "respectful dialogs with a purpose" meeting.

Community recognition

Our 3rd annual North Star Awards were a huge success—mostly because of all the great Northsiders who benefit our community. And I hear from all quarters of the community how Northsiders are the best-organized and cohesive group in town, working together to make our neighborhoods better. The public support of NPC at last fall's city budget deliberations was especially powerful for many other Madisonians, who saw how motivated citizens were willing to defend a cherished, successful community group.

Advocacy

NPC led the advocacy to build a public pool at Warner Park. Now that the first public pool will open this summer on the Southside, we look forward to partnering with the Warner Park Circle of Friends to making sure a second pool opens at Warner Park by summer 2008. A pool is also part of our Northside Community Vision.

NPC successfully helped Kennedy Heights Community Center through a difficult year. We addressed the removal of, and need for a new, boardwalk in Cherokee Marsh. Through Dane County United, which NPC co-founded, we helped the city maintain its high standards for, and support of, childcare programs

Northside News

And of course, this newspaper is celebrating its tenth anniversary year. Hearing First Lady Jessica Doyle telling us at the North Star Awards that the paper was the "best community newspaper around" was gratifying, and also echoes what you, our readers, tell us.

One way to support the paper is shop at businesses that advertise with us (and let them know you heard about them in our paper).

Northside businesses have been tremendously supportive of the paper since we started in 1995. Without their support, there wouldn't be *Northside News*. Help them support us by buying locally.

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Letters to the Northside News

Send your thoughts about the Northside and the Northside News to:
Editor, Northside News, 2702 International Ln, Ste 203, Madison, WI 53704
or <editor@northsidenews.org>

Wiggie's

I read with amused interest your article on our neighborhood taverns, particularly the section on Wiggie's.

Frankly, I don't know what Wiganowski is whining about. I've lived in the neighborhood for several years now, and have never seen so many cars parked in his lot as I've seen since the smoking ban law went into

effect. Maybe he's renting out his lot, if these cars aren't actually representative of the number of customers in his establishment, since he's saying his business has declined. I can't be sure. Maybe that's how he's diversified his business to make up for what he claims to be lost income since the smoking ban. I know he's stopped serving food.

See Letter, page 14

WRITERS & PHOTOGRAPHERS NEEDED
We are your community newspaper and we want you!

The *Northside News* is planned and written by volunteers. Join us at our planning meeting on Feb. 20 at 6:30 pm at Vera Court Neighborhood Center. Aspiring writers and photographers welcome. Article submission deadline is Mar. 20. Contact Abha Thakkar at 661.0060, or Abha@NorthsideNews.org for more information or to give us your story suggestions.

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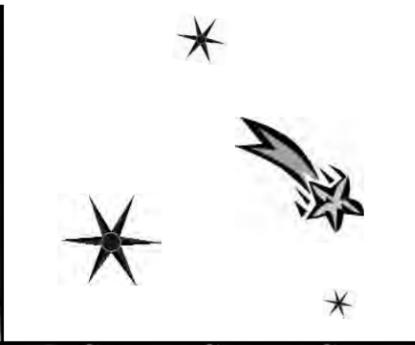
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Reserve your ad by Mar. 15 for our April/may issue, distributed about Apr. 11. Ad copy, articles and all other information due Mar. 24.

3RD ANNUAL NORTH STAR AWARDS



Ron James, manager of new grocery Pierces, joins Jim Powell in celebrating the stars of the Northside.



RSD, Inc. dancers graced the evening with several incredible performances.



Many thanks to our sponsors who support the North Star Awards, the Northside Planning Council, and the Northside News

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Northside Star Recipients Michael Shinners, Lisa Wiese, Claudia Rosenbaum and Nan Cline.

Many thanks to the North Star Awards Committee: Dayna Dalton, Patricia Brinkman, Carolyn Gantner, Ray Hellmer, Connie Smalley, John Walrath

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3RD ANNUAL NORTH STAR AWARDS

2005 North Stars

Claudia Rosenbaum

For being a Passionate Community Leader working tirelessly to meet the nutritional needs of Northside residents by establishing the Northside Community Co-op and Farmer's Market.



Jeannie Fiegel
For being an exceptional volunteer and friend of Mendota School and it's kids.

Deb Jordan & Jeanne Witte
established the North Lake Mendota Neighborhood Association food drive.



Soncerethia Clair Thomas



For being a leader in the Vera Court Neighborhood Center and for assisting many of her neighbors and their children.



Rhode Wanta
For dedicated volunteerism with the North Eastside Senior Coalition.

Marge Rohlfing
For generously volunteering at and contributing greatly to the Northport Community Learning Center.



Marcia Yapp
For creativity and dedication in coordinating the Troy Gardens Mosaic Stepping Stones Project.



2005 North Stars at the 3rd annual North Star Community Celebration at Warner Park Center on December 9th



Henry Wilson

For being a dedicated law enforcement officer and for being a positive role model for youth.



Michael Shinnars
For leadership and dedication with the Northside Food Co-op and bike path projects.



Faisal Kaud for the Northside Community Council Members and Volunteers

For positive contributions to the Northside by bringing the community together through holding community wide events for the past 35 years.



Lisa Wiese - An Exceptional Community Leader dedicating her considerable talents to meeting the nutritional needs of Northside residents by establishing the Northside Community Co-op and Farmer's Market.



Nan Cline

For leading the Market Basket Survey and contributing greatly to bringing a grocery store back to the Northside.



Jill Jokela
For working tirelessly to advance educational excellence, high academic achievement and equity for all our children.



John Frey

For being a dedicated boy scout and cub scout leader and volunteering with the Northside Community Council.



Julie Savidusky
For being a long-time leader of the Northside Business Association.





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COMMUNITY ISSUES

Timebank compounding interest

By Terrie Anderson
The Northside News

If you haven't heard about the Northside Neighbor-to-Neighbor Timebank, it's time to get in on this lucrative success story. Started just last October, this phenomenon includes more than 100 Northsiders of all ages and backgrounds. What brings this cross-section together? A framework for neighborliness that we seem to have lost in recent years. Timebanking is a barter system. Members earn Time Dollars for helping others. They spend Time Dollars for services from another member of the network. You've probably participated in an informal version of this: I'll sit for your kids today and

you'll watch mine next week; or she's been helping him with his home work and he is teaching her to play the guitar. Our Timebank works even better because it makes the skills and resources of all its members available, not just your immediate circle of friends and neighbors; and it utilizes a database to match needs and offers and to keep track of members' Time Dollars. Timebanking allows us to exchange time for the things we may not be able to afford and it values the work we do for the community.

Janet Marcelino has earned Time Dollars helping with Parental Stress Center's new building project and cooking for Timebank events. She has spent some being tutored in math, get-

ting rides and knitting lessons.

Tenth grader Mandy Bodoh taught a member to play poker, coaches another student in math and provides childcare for Timebank events. She indulges her love of languages getting lessons in French and Spanish. Mandy feels, "the Timebank has really helped me to become more outgoing and interact more with the some amazing and wonderful people in my community."

Chris Moore thinks the Timebank "is a great thing, because I can ask for help from my neighbors without feeling I am imposing on them." He is looking forward to requesting help from someone with a truck to haul compost for his new lawn, offering Time Dollars and gas money in exchange. Chris has made reminder calls for the Timebank and is teaching Spanish. He's used Time Dollars to have his house analyzed for energy efficiency and for college saving/retirement advice.

Rita Cairns thought she didn't have time for timebanking, but decided to learn more at January's Soup Supper. She found she could participate at whatever level she finds comfortable. She joined with the understanding that she will be available a couple of hours a month. Within a week of joining, Rita had a leaky faucet repaired and some electrical work done. Rita is offering to be an Italian-speaking buddy, and to teach or translate Italian. She'll also advocate for seniors, helping them understand and access the public benefits.

Over 100 Northsiders have joined and exchanged services like yoga lessons, rebuilding a front stoop, giving horseback rides, computer help, and pet care. There are offers from members to run errands, do housekeeping, provide respite care or companionship, give music lessons, do lactation counseling, legal consulting, and over 800 other services! The most unusual one I've seen in the database is the offer to



Photos by Abha Thakkar

Northside Kitchen Cabinet members Jeff Shokler and Terrie Anderson conduct the informational segment of the evening.



A younger recruit thoroughly enjoys cake made by a Timebank member for Time Dollars.



A Lindbergh Elementary family considers what joining the Timebank might mean for them.

legally officiate a wedding. The member making this offer will even donate the timedollar you pay him back to you as a wedding gift!

Info: www.danecountytimebank.org or 443-8229 or Lakeview Library

Who and What Makes the Timebank Work?

Northside Neighbor-to-Neighbor Timebank is the pilot for the Dane County Timebank
Stephanie Rearick is the Timebank's interim director
Approved for VISTA worker to coordinate Northside Timebank
17-member steering committee oversees countywide program
Training and timekeeping software from TimeDollar USA
9-member "kitchen cabinet" of Northside residents establishes policies and promotes the Timebank;
• Acts as liaisons to neighborhood associations, churches, centers, etc;
• Earns Time Dollars for their work;
• Sitting cabinet selected by steering committee & Northside Planning

Council;
• Election of new cabinet April 20 (at 6-month Celebration Event);
• Nominations or candidacy declarations due by March 1;
• Will expand to between 9 and 15 members;
• More neighborhoods represented;
• Attain a level of diversity that reflects the richness of the Northside.
• You can make the Timebank work, as a member, a kitchen cabinet member or coordinator

If interested, contact Stephanie Rearick at 443-8229 or steph@uvulittle.com
www.danecountytimebank.org
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4147 School Road
The setting for this ranch home feels more like the country than the city. Huge parklike yard, large screened porch and deck. 3 bedrooms, 1 & 3/4 baths, oversized 2 car att garage. Exposed basement has been tastefully remodeled almost doubling the living space, includes rec room, studio/office, laundry room with storage & large 3/4 bathroom. \$199,900

2352 Superior Street
Great starter home! Needs a little TLC. Hardwood floors. Finished upstairs & room in basement with gas fireplace provides various retreats. Convenient location on quiet street. \$139,900

Robin Taylor

Restaino Bunbury & Associates

2945 Monroe Street
Madison, WI 53711

232-7723

rtaylor@restainobunbury.com

Northside Neighbor-to-Neighbor Timebank Welcome

Tues, Feb. 28, 7 pm at the Kennedy Heights Community Center
• Snacks and desserts served • Childcare provided
Another welcome is planned for late March at the Vera Court Neighborhood Center

Ryan

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COMMUNITY ISSUES

Guest
Columnist

BOB PAOLINO

Your "Northside Taverns" (Dec 2005 / Jan 2006 issue) story referred to some local publicans' short-term difficulties adjusting to Madison's smoke free workplace ordinance, one of many being implemented across the United States and the world. Yet the situation can be brighter than portrayed if these local businesses make some positive choices to attract customers.

One thing the story does well is point out the importance of the pub or tavern as a social institution, even if it does overstate Wisconsin's "uniqueness" in that characteristic. As many craft breweries throughout the U.S. recently observed Benjamin Franklin's 300th birthday with Poor Richard's Ale celebrations, we are reminded that the American Revolution was no doubt plotted in colonial taverns over pints of ale. There is little dispute that the pub or tavern is an extremely important social institution that must be preserved and encouraged.

The business owners interviewed in this story noted a decline in patronage by their loyal customers, but what the actions of these former customers actually display is a greater loyalty to tobacco than to local businesses. I suppose that loyalty to the tavern wasn't very strong after all. The article closes with a plea for support of taverns, with an implication that the responsibility somehow falls on the supporters of the smoke free workplace ordinance more so than the customers who jumped ship because tobacco was more important to them than supporting local businesses. But as one of the majority of residents who supported the ordinance and also

as a beer enthusiast, I HAVE gone to some establishments more often now that I don't get smoked out or that I return home immediately wanting to put my clothes in the laundry. Unfortunately, none of those places happen to be on the Northside.

You say we should support local businesses, and I'm all for that, but show me what you have to offer. I would LOVE to be able to go to good Northside pubs. It would be more convenient and I'd be able to spend a little more on the Northside rather than elsewhere in the city. But my impression has been that it's almost impossible to get a decent beer on the Northside. Perhaps the sidebar with the headline, "Support these Northside institutions!" listing the business names and addresses should also include their beer menus so readers can find places that fit their tastes.

I'd happily support a Northside pub with a good selection of craft beer in a variety of beer styles. Wisconsin is fortunate in being home to so many craft breweries making a wide range of styles to suit all tastes. Serve some of them! You don't have to maintain 50 taps, a well-chosen selection of 6-15 truly good beers of different styles is enough to encourage us to become your customers.

There's a blatant inconsistency in saying that people should come out and support small local businesses while doing the direct opposite yourselves by selling bland, watery products of megabrewers SABMiller, Anheuser-Busch, and Molson-Coors. Show the Northside that you're serious about supporting small business and that you deserve our business by carrying a wide selection of good Wisconsin-brewed craft beers rather than tasteless huge national megabrands.

Bob Paolino, one of the organizers of Madison's "Great Taste of the Midwest" beer festival, has been known to appreciate a quality beer every now and then.

Potential tavern patrons call for a makeover

By J.D. Stier & Bethany Wild

The Northside News

Where was Al Tedeschi, the owner of Villa Tap, on a Tuesday night in January? In Westport shooting pool! When asked how he felt about the smoking ban he chuckled and replied "Everyone's pulling out of town. I'm out shooting pool in Westport where the action's at."

Madison's city-wide smoking ban has had a profound effect on area businesses and residents. Northside bars are complaining that their revenues are below a sustainable level, pushing them to the brink of collapse.

Brian Klemke was bartending at Wiggie's on a weeknight this winter and dared anyone who doubted to "come down and see it here tonight." He said that weekends aren't so bad, but it's a fight {to turn a profit} during the week." Brian's softball team would bring 25-30 people in on Wednesday nights, making Wiggie's about \$300, but Brian's team decided they were moving out to the Eagle's Crest in the town of Burke next season. Brian's team is not the only group to have made an exodus out of the Northside. Many Northside bar owners are wondering what they can do to get customers to choose the Northside.

Northside residents and employees were recently asked what it would take to bring them to the local taverns. Most bar patrons responded with "Smoking." But when pressed for creative changes that would honestly bring them and their friends back to the Northside bars, they

responded in full. Most people interviewed believed that a fundamental shift in the type of entertainment would greatly increase the number of socialites getting funky on the Northside. Becky Bryant, who lives and works on the Northside, said "I'm looking for a band that's not focused on hard rock but a band that can do everything. Wiggie's {her favorite Northside bar} always has the same old bands."

A majority of those interviewed remained optimistic that Northside establishments would soon become creative in looking for new ways to bring in business. "If we had a hookah bar on the Northside, that would be really cool" said Jesse Philvin, a Northside worker. Her co-worker, Chelsea Schuurmans added, "The club scene in Madison has gotten really huge. If they did hip hop at Northside bars people would definitely show up." Other patrons suggest that just cleaning out the "smoky smell" and offering a better selection of beer would make the bars more appealing.

Not expecting a fundamental shift of the well-known Northside 'we'll get to it tomorrow' feel, Jesse would settle for a bar that's simply "friendly and laid back." Chelsea added that "do downtown bars are too [upscale]." She would love to combine the club scene with the comfort of the Northside. The feeling was that the Northside is such a diverse side of town that Northside establishments could easily broaden the social scene and attract new customers.

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COMMUNITY ISSUES

Cherokee Park

cont. from page 1

building streets and sewers would mostly be built at one time.

Asked how “trophy homes” could be developed in an “environmentally-sensitive” manner, White declined to answer.

Anne Marie Kirsch of Montgomery Associates then addressed some storm water drainage concerns and added that rain gardens could go between some lots to encourage biofiltration.

DeAnna Sebranek suggested the Northside needs quality “second homes” for families looking to upgrade, and that the developers shouldn’t market exclusively to “empty nesters.”

Whitetail Ridge Neighborhood Association President Shelley Legried said her neighbors were concerned that

For 2006, the proposed Cherokee Park development could include:

- ♦ About 40 acres at the northern end of N Sherman Avenue, around Cherokee Park Observatory Park, would feature predominantly high-end housing.
- ♦ The County Club improvements and expansion, including possible time-share residential units, a coffee shop and other facilities.

Then, as demand and permitting allows, over the next 25-30 years:

- ♦ Single family, town homes and condominiums development of about 110 acres north of the Whitetail Ridge neighborhood, between N Sherman Avenue and County Hwy CV and extending north of Wheeler Road. Wheeler Road would be realigned, Whitetail.
- ♦ Ridge Park would be expanded and there would be a retail center along County HWY CV.
- ♦ Eight acre moderately priced housing along Wheeler Road at School Road.
- ♦ Long-term plan for low-density high-end homes along the high hill, east of the northern end of N Sherman Avenue.

their neighborhood park might see increased usage and worried that it might be expanded and become an “area” park. Later, City Planning Unit Director Brad Murphy said, in fact,

that this is what the plan called for, and would double the size of the service area to one-half mile.

When asked about what schools would children in the new housing attend, White stated that they hoped Madison schools, that the land was currently in the Deforest and Waunakee school districts. Murphy added that a 1982 state law requires the current district (in this case Deforest and Waunakee) to voluntarily give up the taxing authority.

White added that the marketing would be oriented towards older people and that he didn’t anticipate many children.

The developers submitted a concept plans to the City in January, and are deciding just what specific parcels and infrastructure to develop first. After more public input and negotiations with city planners, the project would

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go to the Urban Design and Plan Commissions for approval sometime later this year.

Color maps of the proposed development can be found at: www.ci.madison.wi.us/planning/ndp/cdpd_maps.pdf.

Check the Northside Online calendar for the next meeting date, when set, at www.northsidenews.org.



Bill White, Cherokee Park, Inc. project manager, addresses the crowd of seventy people at Warner Park Center.

Photo by Jim Powell

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COMMUNITY ISSUES

Fast food? Not so fast.

Tradition and nutrition for the Hmong

By **Jody Schmitz**
The Northside News

The new, younger generation of Hmong refugees migrate to the fast-food palaces and pizza parlors so popular in this country, but the old ways are the best ways, advise nutritionists.

The Hmong are being urged to return to the traditional foods they were accustomed to in their native country before they fled to the United States after the Vietnam War.

Unfortunately, many of the American grocery stores are very unfamiliar to them. The older generation doesn't recognize many of the foods available here, and they don't know how to prepare and eat them. The result is that they avoid American grocery stores and flock to the few Asian stores available in Madison, such as the Angkor Thom Market in Northgate Shopping Center.

Kazoua Moua, a Hmong woman and nutrition educator for the UW Extension of Dane County, is working with the Hmong households to help them adapt to the foods that they find in the grocery stores and food pantries. She also encourages the Hmong to use their old country food habits but adapt them to the available variety of fresh foods and homegrown vegetables.

Kazoua came to this country in 1984 after fleeing the Communists in Laos and living in a refugee camp in Thailand. She attended Marysville Community College in California where she lived until 1994. After living in Georgia and Minnesota, her husband's job brought them to Madison, where she has worked with the Extension for four years.

"Everything is new to them," she says about the Hmong when they first arrive. They were accustomed to growing everything they ate. "They raised rice, corn, winter squash, green beans, pumpkins, green mustard and cucumbers back home in Laos." Here they can't afford to buy these foods in the stores so most Hmong families start their own gardens, many of them at

Troy Gardens on the Northside.

Some of the Hmong rent land from local farmers, providing food for their extended families as well as for others in the Hmong community. Kazoua is hopeful that this sharing will extend to the larger community in the future and will be combined with an educational program on nutrition.

The Hmong are meat eaters and do a lot of hunting and fishing. Chicken, pork, beef, duck, venison and fish are their favorite meats. Egg rolls are popular, but they were not made until they came here and found wrappers available in the stores.

"Return to your own cultural heritage," Kazoua advises the Hmong people, as she urges them to keep cooking healthy foods, especially vegetables. The Hmong cooks prefer to

boil their vegetables in water rather than sauté them in oil, as is often done by American cooks. The broth that results from this boiling method is used in many ways in food preparation.

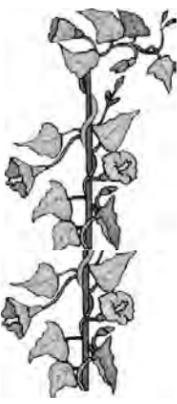
Potato water, for instance, is saved as broth. The same is true of squash and other vegetables, and then it is used as a beverage.

Hmong elders avoid sweets and prefer bitter flavors. They eat rice at every meal, usually long grain rice, and a family averaging eight people frequently consumes over a hundred pounds every month.

"Hmong families tend to overuse and wear out stoves because of their habit of cooking large amounts of food on the top of the stove," Kazoua says. "Also, we don't measure food. We eat until we are full and there is no snacking. Our old country habits of eating vegetables are healthier after all," Kazoua adds.

Kazoua is a familiar face at Kennedy Heights where she works individually with families, as she does in other Hmong housing areas. She also helps with the weekly Kennedy Heights food pantry, helping the Hmong choose food items and explaining their use.

"Return to your own cultural heritage," Kazoua Moua advises the Hmong people, as she urges them to keep cooking healthy foods, especially vegetables.



CHEROKEE MARSH BOARDWALK MEETING
Tuesday, Feb. 14
7:00 pm
Warner Park Community Recreation Center
1625 Northport Drive

Si Widstrand of the Madison Parks Division will facilitate discussion about alternatives for rebuilding a boardwalk, and present soils and engineering information.

Volunteer tutors needed

The Hmong Literacy, Language & Jobs Project provides support to recent Hmong refugees by providing work-related ESL classes, coursework on wood refinishing, and one-to-one tutoring provided by community volunteers.

Tutor training is free, and tutoring is scheduled at times convenient to both tutors and learners. Most tutoring occurs in the Northport Community area on weekday afternoons and evenings. This program is funded by the Ira and Ine va Reilly Baldwin Wisconsin Idea Endowment, hosted by the University of Wisconsin-Madison, in partnership with

United Refugee Services of WI and Madison Area Technical College. The next tutor training begins Feb. 14, 9-11am. For more information, see the program website:

<http://www.ohrd.wisc.edu/cls/hmong/> or call Jane Griswold at 890-0474.



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