

**ELECTED OFFICIALS**

From  
**PAUL  
RUSK**



**DISTRICT 12 SUPERVISOR**

**Sheriff's staffing study**

Matrix Consulting, the same firm that recommended more staff for the 911 Center, is now recommending efficiencies in the Sheriff's Office, including cutting 26 positions and adding 11 positions, for a net reduction of 15 in the 570-employee office. The projected savings is a substantial \$1.8 million annually. Next week my Public Protection and Judiciary Committee will begin reviewing the 250-page report with the sheriff and the Department of Administration, and the consultants will likely present before the full County Board in September. It is important to carefully review all the recommendations in preparation for a most difficult budget process this fall.

The report recognizes that the Sheriff's Office has done relatively well in recent years when it comes to overall staffing levels, with the addition of 134 positions in the last 13 years while

many areas of county staffing have decreased. Although the jail population and crime in general is down here and around the country, we still have substantial drunk driving and speeding problems throughout Dane County. If you are interested in seeing the complete report, please let me know and I will e-mail it to you.

**12th Annual Alzheimer's Walk – Warner Park**

My organization's annual walk (now with an optional 5K run!) will be held Saturday morning, Oct. 2. Please go to [www.alzswisc.org](http://www.alzswisc.org) for details or call us at 232-3400 for a brochure. You can walk/run with us at the Shelter and then go over to Warner Park Center for Applefest. With today's poor economy, it is especially important for individuals to support the local community services sponsored by the Alzheimer's Alliance and the North/Eastside Senior Coalition. All money raised by the Alliance stays in Wisconsin for local services and dementia research at UW-Madison.

*Please feel free to contact County Supervisor Paul Rusk at [rusk@co.dane.wi.us](mailto:rusk@co.dane.wi.us) or 249-9667.*

From

**MELISSA  
SARGENT**



**DISTRICT 18 SUPERVISOR**

**School funding must be reformed**

As I walked across the Northside during the last campaign, I heard over and over the concern that education funding in Wisconsin is broken, that it is hurting our neighborhood schools. I also learned that Northsiders believe strongly that investing in educational opportunities is a priority; however they do not like the over reliance on property taxes to fund education – pitting homeowners against children.

For the last 17 years the state funding formula has produced annual shortfalls resulting in program cuts to our schools. In 2009-2010, cuts in state aid resulted in a net loss of over \$14 million in state support for students in Dane County, shifting the cost of education increasingly to property tax payers. The only remedy beyond additional deep program cuts is more divisive referenda. This is unacceptable.

Educational opportunities and strong

public schools are necessary to ensure that our children receive the tools they need to succeed. Quality schools with motivated students are vital to attract new businesses and sustain positive growth in Dane County. The dramatic decline of educational opportunity in Dane County and Wisconsin should be a concern to all.

Fundamental changes in Wisconsin's school funding system are necessary. After listening carefully to the Northside, I am proud to say that the first resolution that I authored to the County Board for consideration calls on the Wisconsin Legislature to make changes in the school funding system to align revenues with educational costs and to distribute resources in accordance with the diverse needs of students and districts so that every student in Wisconsin is assured a quality education. It also asks the Legislature to explore alternatives that will move school funding away from burdening property owners.

Please contact me with your thoughts, concerns or ideas: 608.220.2273, [sargent@co.dane.wi.us](mailto:sargent@co.dane.wi.us), or Facebook at: [www.facebook.com/pages/Melissa-Sargent-Dane-County-Supervisor-District-18](http://www.facebook.com/pages/Melissa-Sargent-Dane-County-Supervisor-District-18).

The Northside News delivery date will be moving to the first of the month starting in October.



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NORTHSIDE NEWS

NORTHSIDE NEWS

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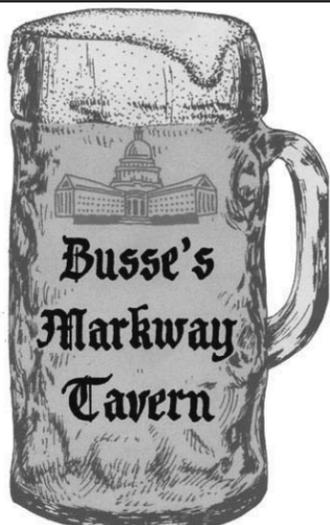
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**ELECTED OFFICIALS**

From  
**DAVE  
CIESLEWICZ**



**MAYOR OF MADISON**

**Your input needed for your Central Library**

Recently, the Common Council approved a contract for the architectural firm that will design the reconstruction of the Central Library downtown. Meyer, Scherer & Rockcastle will now begin an exciting design process for the library.

The firm, along with its local partner Potter Lawson, will hold public meetings starting in August. These meetings will be an opportunity to get input from the entire community on what we want for our Central Library.

What do you want to see in the new design for Central Library? Should there be more community meeting space or different uses of technology? How should we incorporate sustainability goals into the design? How will we use the Central Library in not just the coming years, but

in the coming decades?

These meetings will help us plan a design for a state-of-the-art library that will serve Madison for decades to come. We also need to gauge how the library can serve not just the downtown, but our whole library system. A strong Central Library provides critical support for all of our branch libraries.

After the first public meeting, the architectural team will split into groups and develop four concepts, which will be presented at the next meeting. Then, after gathering more input on those concepts, they will pick one to focus on and hone the details further through the series of public meetings. Each meeting will be an opportunity to see the latest plan and give your input.

I am eager to begin this community process to design a great Central Library for Madison. Your input throughout the next few months will shape that design.

I hope you can join us at this series of public meetings. All meetings start at 7 pm and are on at the Madison Senior Center at 330 W. Mifflin St. on the following Thursdays: Aug. 5, Sept. 5, Oct. 14 and Nov. 4.

From  
**KATHLEEN M.  
FALK**



**DANE COUNTY EXECUTIVE**

**Innovations making lakes clean, less green**

Whether it's relaxing on a boat or along shore with friends, wetting a line at sunset or sunrise, or taking a walk, jog, or bike ride along the water, there are many different ways to enjoy our beautiful lakes.

One of my top priorities the past several years was for Dane County to have the first facility in the country, shared by farmers, that keeps manure out of our lakes. In late July, we celebrated the start of this new and innovative approach to keeping our lakes blue.

My hope is that this new manure digester shared by farmers near Waunakee will be the first of many to generate millions of dollars worth of clean energy to light and heat our homes each year. The courage to build this first-of-its-kind facility in this area shows how

committed our farmers are to being good stewards of our lakes and lands.

Also this summer, Dane County applied for and received a \$2-million grant from the U.S. Department of Agriculture for our ongoing work with farmers to reduce runoff and slow the growth of algae in our lakes.

Our lakes were the beneficiaries of generous gifts this summer. The Madison Community Foundation is helping us use science to pinpoint the most problematic spots where nutrients like phosphorus wind their way into the waters after it rains.

The Clean Lakes Alliance helped form a partnership between Dane County and the City of Middleton on construction of a new storm water basin. Preventing rain from carrying dirt and crud into Lake Mendota with every downpour, this new facility will capture 10s of thousands of tons of sediment each year.

Our lakes are such a big part of our quality of life. That's why, together, we continue to work hard to make sure they will be enjoyed for many generations to come.

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SENIOR

# Northside entrepreneur helps families be ready for role of caregiver

By Terrie Anderson  
*Northside News*

When faced with meeting the needs of four aging parents while holding down a full time job, Beverly Monigal was overwhelmed with the decisions that had to be made and the research required to find services, not to mention the physical care that her loved ones needed. She knew there had to be a way to provide a better quality of life at this stage for her loved ones and herself.

She realized that avoiding the crisis was the logical first step. Planning ahead, learning about the goals of parents, the legal and medical implications of needing care, and anticipating a decline in abilities could turn the chaos of her life into a manageable process of taking the next right steps.

Monigal knew that she could help others be ready for the role of caregivers by planning, organizing, identifying issues and resources. Assist the Living, LLC was born of this desire to make the process smoother for others.

She works with families to relieve their

stress, use their time for the most important tasks and support their parents' in a loving way. From dealing with daily living issues such as nutrition, bathing and housecleaning; to teaching about powers of attorney, wills and trusts, taxes and getting bills paid; to working with doctors and medications, Assist the Living provides support at the level needed for each situation.

One family she worked with accessed more than \$1,000 per month for in-home care for a WWII veteran. Another client converted a whole life insurance policy to an annual annuity benefit for care giving, after Assist the Living got the insurance company to clarify how the pay-outs could be handled. One family had Assist the Living review the plans their out-of-town lawyer had drawn up. Monigal's knowledge of durable power of attorney and health care power of attorney language helped them finalize their care plan in a manner that best suited the family.

Assist the Living can be reached at 249-0128 or [assistliving@sbcglobal.net](mailto:assistliving@sbcglobal.net). Fees can be set on a project basis or calculated hourly.

From  
**CHERYL  
BATTERMAN**

[cbatterman@nescoinc.org](mailto:cbatterman@nescoinc.org)



**NESCO EXECUTIVE DIRECTOR**

## Ginny found help

Ginny arrived to the local area over 10 years ago. After struggling with emphysema and the high altitude found in Salt Lake City, she was excited to move closer to her daughter but was also very nervous about being new to the area. Her goal was to find a home that would allow her to be totally independent but would also address all her medical challenges as a result of being on oxygen 24 hours a day.

After searching for several months, she discovered a delightful apartment a short block away from a senior center. Soon she was participating in their activities, making new friends and volunteering several hours a week. As her health slowly continued to decline, she worked closely with a case manager to identify community resources available to enable her to remain living in her home safely.

A young neighbor delivered her mail from their street-side mailboxes. Her

apartment was cleaned once a month by a local agency. She even started attending the adult day center hosted by the senior center before she became too frail. But as this debilitating disease naturally progressed, the day arrived when Ginny needed 24-hour medical care. At this point, she made the decision to move to a nursing home. But she proudly announced to all, "I lived by myself for eight long years despite dragging an oxygen tank around!"

Ginny is just one example of how senior focal points help seniors throughout Dane County. Their programs and services enable seniors to live active, independent lives while remaining in their own homes. They do this by sponsoring senior dining sites, educational and social programs, case management services, caregiver support groups, local trips, volunteer opportunities, community resources, health and energy fairs, advocacy and card games — just to name a few.

I'm proud of Ginny's ability to reach her goal — but then I'm probably biased ... since Ginny was my mom.

After struggling 17 years with emphysema, she passed away on her 75<sup>th</sup> birthday three years ago, surrounded by her family. She is missed.

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## Evening meals ... on bicycle wheels!

You've heard of Evening Meals on Wheels? Volunteers with the popular Independent Living, Inc. program, deliver more than 200 hot, nutritious, freshly-made dinners ... every night. But with summer in full-swing, you may see the evening meals being delivered — on bicycle wheels! Several volunteers are hopping on program-provided bikes or riding their own around the Madison area as they deliver their regular dinner routes. Everyone involved says they'll enjoy the change in delivery ... until the snow falls!

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## ENVIRONMENT

## Simple steps for a cleaner Lake Mendota

By David Martin  
Northside News

Northsiders have a huge stake in Lake Mendota. They boat, sail and fish on the lake. They also swim, walk, picnic and live along its shore. Regrettably, the lake's water quality is not always good, especially during summer. Some things that affect water quality, like farm runoff, are beyond their direct control. But Northsiders can still help the lake's water quality by controlling the quantity and quality of runoff to the lake.



Stormwater runoff

A great deal of surface runoff from storms and melting snow ends up in the lake. And this runoff washes away materials that also end up in the lake.

These materials affect lake water quality in different ways. For example, phosphorus-based lawn fertilizer turns the lake green. Oil and antifreeze that drips on driveways and roads, or pesticide applied to your lawn might harm aquatic life. Leaves, grass clippings and litter float around the lake for days and eventually wash up on shore.

Many solid materials like these eventually decompose and that process also degrades water quality. Before reaching

the lake, solid materials can also cause other problems. For example, they can plug sewer grates during heavy rain and cause localized flooding.

Northsiders can take the following simple steps to help minimize adverse effects on the lake's water quality:

- Minimize the quantity of runoff by directing roof downspouts to the lawn and away from driveways and sidewalks. This helps water soak into the ground. As appropriate, use rain barrels.
- Limit fertilizer and pesticide use. Observe the City of Madison's phosphorus fertilizer constraints. Because phosphorus can get tied to soil, minimize soil erosion.
- Eliminate fluid leaks from your car.
- Clean up your pet's solid waste so it's not carried into runoff.
- Avoid blowing grass clippings into the street, driveway and sidewalk. Blow clippings onto the lawn where they will tend to stay.
- Keep leaves, brush, soil and lawn wastes out of the gutters.
- Clean debris off the sewer grate near your property.

The above simple steps can help you to take control and help water quality in Lake Mendota.



Photo by Justin Sargent

A replica Voyageur canoe launches at Cherokee Marsh for the Send Your Legislator Down the River event.

## Elected officials take to the water to learn about Cherokee Marsh

Jan Axelson  
Northside News

County Supervisor Melissa Sargent and State Senator Mark Miller experienced Cherokee Marsh up close at the Send Your Legislator Down the River event on June 7. Each year, the Rock River Coalition invites lawmakers to learn about water issues by paddling local waters with City, County, and Department of Natural Resources (DNR) staff and local residents. This year, the Coalition chose Cherokee Marsh as the event's location, with the Friends of Cherokee Marsh as co-sponsors.

Many folks brought their own ca-

noes and kayaks while others helped paddle a 25-ft replica Voyageur canoe provided by the DNR. After launching from the School Road boat landing, the group paddled upstream and learned about shoreline restoration efforts from Madison Parks Supervisor Russ Hefty. Before the paddle, participants enjoyed a buffet picnic dinner at the Nau-ti-gal Restaurant on Westport Rd.

Supervisor Sargent commented, "I enjoyed seeing the beauty of the marsh from the water and learning about the efforts being done to ensure the health of Dane County's waterways."

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FOOD

## Farmers Market Community Dinner on August 8 to benefit FEED Madison

By Dale Mathews

A free Community Dinner is coming up at the Northside Farmers Market on August 8, from noon-3:00 pm. The delicious meal will be "gleaned" from market vendors and prepared by cooks and chefs of the Northside. A free will donation will be accepted to benefit Food Enterprise and Economic Development of Madison (FEED Madison). [www.FEEDMadison.org](http://www.FEEDMadison.org). FEED Madison is raising money to build a shared-use food processing kitchen and business incubator. It will be many things to many

**Community Dinner  
Northside Farmers Market  
August 8  
Noon-3 pm**

people: a commercial kitchen for rent by caterers, food cart operators, farmers and other value-added food producers; a supportive location for food entrepreneurs to start food-related businesses; a place that enables development of food-related employment; a place for everyone to learn more kitchen skills. The Community Dinner will happen rain or shine (if rain, inside the "old hardware store"). There is no cost but reservations are requested — just stop by the market information booth at the Northside Farmers Market on August 8, from 8:30 am to 12:30 pm.



## Cook's Corner

Your Northside neighbors' favorite recipes.

We invite you to send your favorite recipe that reflects your ethnic or cultural heritage or recipes featuring local food products as the centerpiece. Please e-mail to: [editor@northsidenews.org](mailto:editor@northsidenews.org)

### This month's recipe contributor: Mai Zong Vue

*This lovely light custard from Mai Zong Vue's Hmong kitchen makes a wonderful foundation for any of the fresh fruits available now, and would be especially good with tart cherries or raspberries cooked briefly with a bit of honey and water, cooled then served on top of the custard.*

### Coconut Custard

- 1 can of R-Roy D coconut milk (cooking)
- 5 eggs
- 1 cup of sugar
- yellow color (1-2 drops — optional)

Mix well. Bake at 350° for 30-40 minutes.

Let custard cool for an hour (refrigerator preferred). Add toppings if desired: white coconut flake or whipped cream with cherry. Enjoy!

*Note: Coconut milk can be purchased at the Hmoob Oriental Market at Northgate Mall — next to American Table Restaurant.*

## Mad City Chicken Coop self-guided tour to be held in August

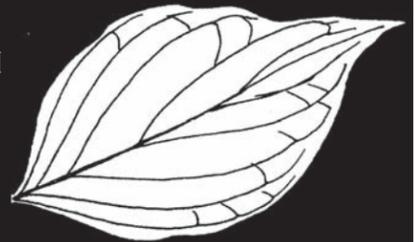
The MadCity Chicken Coop Tour on Saturday, August 28 is a free self-guided tour of coops throughout Madison from 9 am-1 pm. Two of the ten homes on the tour are located on the Northside. You can view a map of the tour with addresses and descriptions of the host coops and flocks at [www.madcitychickens.com](http://www.madcitychickens.com). This event is intended for both the curious and the serious to learn more about backyard chickens.



Photo by John Beck

In the Spring of 2004, Madison passed a law allowing single-family homes the right to raise poultry in the back yard. Today it is legal to have four hens (no roosters) in a coop, no closer than 25 feet from the nearest neighbors living quarters.

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### September 18

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**"Behold, I am  
coming soon! My  
reward is with me."**

Revelation 22:12



**NORTHSIDE FARMERS MARKET**

**Northside Farmers Market offers really fresh food**

By Lynette Jandl  
Northside News

This should make your farm fresh vegetables from the Northside Farmers Market taste even better than ever. In most cases our farmers pick their produce the night before to avoid the hot sun, which is hard on themselves as well as the vegetables. They end up picking, cleaning, drying and boxing up the produce until 10 pm or later (their idea of a good Saturday night).

It makes a very big difference in the look and taste of the vegetables when they have been just freshly picked and cooled over night. Shoppers from other nearby Sunday markets have remarked that our vendors have fresher looking vegetables than they see at the other markets. After picking and putting up their wares, farmers get a little sleep and are up at or near dawn (some at 4:30 am) to have everything looking nice for us at their stalls by 8:30. All this to earn, on a good Sunday, what would be considered a day's wages at a factory. The work the night before and on Sunday at the market has come after months of planning, planting, watering, weeding and buying seeds, tools, fuel, etc.

Our purchases make it possible for them to keep their farms running instead of having to sell out to a corporation that can't put the time and care in that our vendors do. There must be something they love about it all. So eat hearty and enjoy all your Northside Farmers Market purchases more than ever!

The sixth season of the market is being



Photo By Chris Moore

Liz from Wyman Produce specializes in greenhouse tomatoes and cucumbers.

enjoyed by more shoppers and vendors than ever. Besides the vegetables there are booths with several varieties of fresh bakery, honey, peanut butter blends, Door County fruits, jams, jellies and the healthiest, tastiest meats available. Tuy's cart near the rest tents has smoothies, fresh squeezed fruit juices and some of the best spring rolls you'll ever eat.

One of the reasons the market flourishes as it does is that there are so many market lovers who volunteer their time to make it all happen every week. There are the weekly newsletter writers who put out interesting stories about our vendors and all the market news. There are recipe writers who come up with unique and interesting uses for what is available that week. There are all the people who come early on Sunday mornings to set up the free coffee and rest tents. There's the faithful Northsider who puts out the

street signs every week who has done so for years now.

We still get people who say "When did this start, I didn't know there was a market here. I just saw the sign when I was driving by."

There are the people who tend the market information booth and handle the Quest tokens. There the organizers, board members, Don and Dave Bruns who so generously donate the space and most important of all, the hundreds and hundreds of regular weekly shoppers.

You can find information about all this and more on our Web site at [www.northsidefarmersmarket.org](http://www.northsidefarmersmarket.org). You'd be able to see all the recipes from all the past newsletters, all the stories about the vendors, all the upcoming events and ways to help out an hour or two some Sunday morning which is a great way to make this your market!

**UPCOMING EVENTS**

**Northside Farmers Market**

- August 29**  
Prairie Thunder Cloggers
- September 5**  
Sixth Annual Harvest Festival  
(Labor Day weekend)
- September 26**  
Time Bank's 4<sup>th</sup> Annual Petpalooza  
10 am meet to register  
Pet Parade at 10:30 am.  
Cost \$2  
*Be one of the first 30 paraders to receive a \$2 market token when you bring your parade registration to the market info booth.*
- October 3:**  
4<sup>th</sup> Annual One Pot Cook Off
- October 10**  
Italian Celebration Day
- October 17**  
Vendor and Volunteer Appreciation Day
- November 7**  
Winter Market opens in the building next to the library Northside Town Center
- November 21**  
Winter Market
- December 5**  
Winter Market
- December 19**  
Last Winter Market

**VFW 8483**  
5737 County Road CV, Madison  
Just North Of Dane County Airport  
241-3740

**VFW Car Show SEPT. 11**

**DINING SPECIALS**

**FRIDAY FISH FRY**  
Every Friday, 5-8 pm

Cod & Poor Man's Lobster ..	\$8.50
Shrimp .....	\$9.00
Walleye .....	\$11.00
Chicken Strips .....	\$6.00

*DJ on 2nd and 4th Friday of the month*

**SUNDAY BREAKFAST**  
Every Sunday, 8 am-Noon  
\$6.00

**LUNCH SPECIALS**  
Monday-Friday, 11 am-2 pm  
\$5.50-\$6.50

**HAPPY HOUR**  
Monday, 4 pm-close  
Tuesday-Friday, 4-6 pm

**HAPPY HOUR**  
During Badger Games & Packer Games  
Come in and check out our new pool table!

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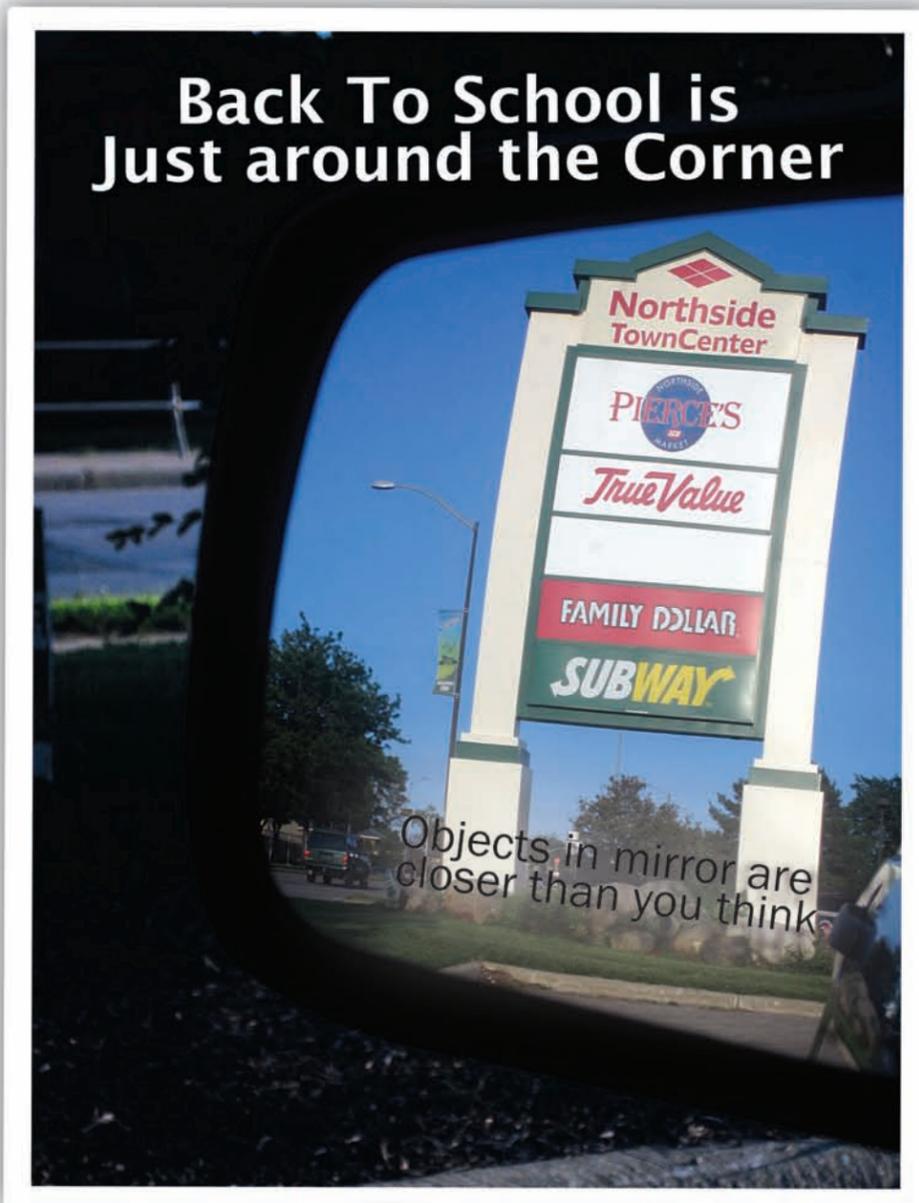
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# The Northside *TownCenter* Almanac



*What's Happening in Your Neighborhood*

## New Leaders In Your Neighborhood



Also support and shop at our other wonderful retailers:

Altered States, Serenity Salon, Hamann Charcuterie, AnchorBank, Family Dollar, Sherman Plaza Hairstyling, Pure Axis Group, Spirits Unlimited, Subway (Now Offering Breakfast!) State Farm, In Business, Road Ranger, ATM, Rocky Rococo's, True Value and Taco City

### **Dawn**

The new Pierce's Market General Manager on the Northside. Dawn previously worked as a Store Manager at Copp's. She brings valuable experience and a proven track record of leadership excellence. She is so happy to be working with Greg Hall (President) and the exceptional Pierce's Market team.

### **Tom**

Stop in and say 'Hi' to the new Store Manager at Walgreens, Tom. Tom has been with Walgreens for several years and was recently promoted to lead this great store. He replaces Jim who was a manager at our TownCenter for over 25 years before retiring. Welcome Tom!

### **Sam**

Many of you have met Sam. She has been the Assistant Manager of Benvenuto's since it opened roughly 8 years ago. Sam is now the General Manager. She is one of the friendliest leaders anywhere on the Northside and was worthy of this new promotion. Stop in, eat a wonderful Italian meal and congratulate Sam on her new responsibilities.



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